



Funday Sunday at Home

Ruth's story

We hope you are all keeping safe and well

Romsey Methodist Church is spending June learning about Ruth in the Bible. For this Funday Sunday pack we are using the first part of Ruth's story to help us think about friendship.

We'd love to see any photos of what you make. You can post them to [Facebook](#) or email them to us at info@romseymethodist.church

Story time

You can watch this month's story about Ruth on You Tube:

<https://www.youtube.com/watch?v=gR2sZRAVcwc>

Ruth was a good friend to Naomi – she stayed with her, was loyal and looked after her.

Prayer time

Here's a short prayer you could say together...

Loving God,

We thank you for the story of Ruth and her example of friendship. We thank you for our friends and we ask you to protect them at this time.

Please help us to be kind to our friends and show them how much they mean to us.

Amen

And we hope you enjoy this song about God being our friend, it's a good one to dance to: <https://www.youtube.com/watch?v=QvZgZau7koY>

We hope you enjoy following some of the activities.

Cooking zone: Make a pizza

In our story, Ruth collects grain in the fields. One grain we enjoy eating is sweetcorn so we've put some on a pizza – yummy!

You can make a pizza with a full pizza base or with a muffin



Add some tomato sauce, the cheese and your topping design



Then ask an adult to help you cook it



Cooking zone: Popcorn

Another cooking activity you could do is to make popcorn. You'll definitely need an adult to help you! You could then enjoy your popcorn while watching a film.

You could also use popcorn to make something. If you watch this clip of Marion from a previous Sunday service, you can see her making popcorn and some ideas of what you could make: <https://youtu.be/UolZIKPuLfA?t=262>

But we'd love to see any creative ideas you come up with.

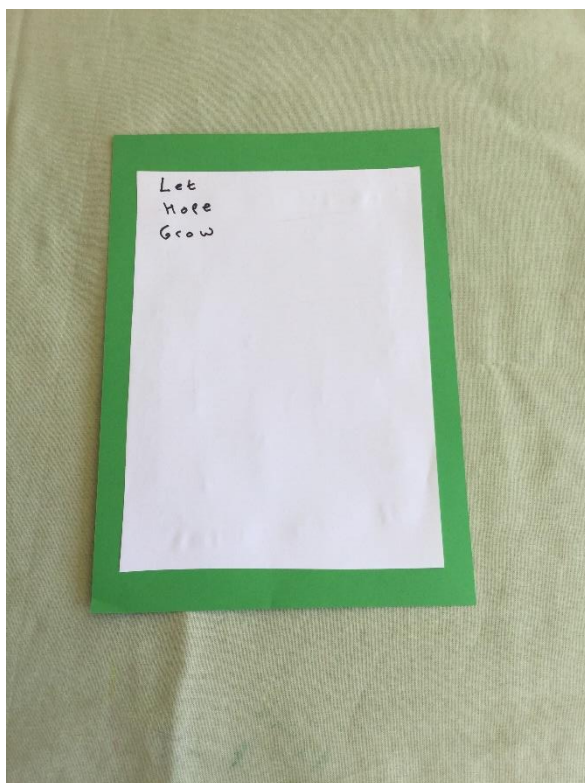
Nature zone: Picture of hope

At the moment things are still not completely back to normal. It's ok to still feel a bit strange about everything. But it's good to remember that we have hope of being able to be with all our friends and family again soon. This craft is to make a picture that says 'Let hope grow'. You could put it up in a window so people can see it when they walk by.



You don't need much for this activity. If you don't have green paper, you could use coloured card (or a cereal box), or colour a border with pencils or pens.

Then write 'Let hope grow' on the paper. Lastly, find some flowers and leave to stick on to make a picture.



Outside zone: Make a picture of a friend you miss

You might not be able to see your friends at the moment, or some of you may have gone back to school.

Have a go at being imaginative with things you find in nature to make a portrait of a friend you miss. This is meant to be one of the Funday Sunday leaders... I wonder if you can tell which one?

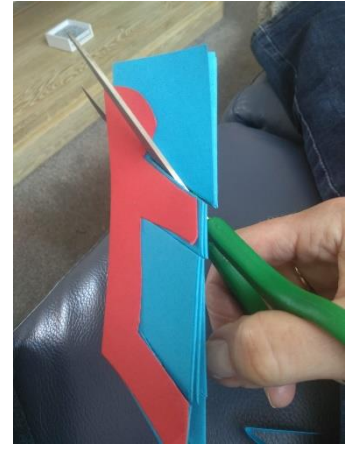
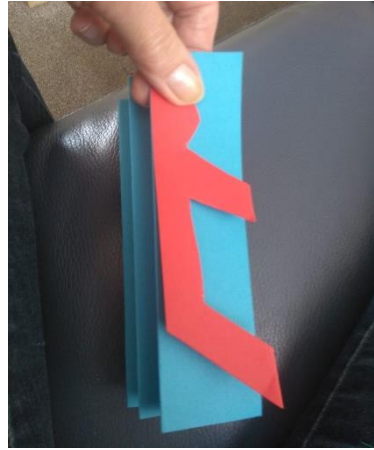


Writing zone: Message a friend

If you haven't seen a friend in a while, you could send them a postcard or an email, with some help from an adult. You could turn the 'Let hope grow' activity into a card to send or post through their door. Or you could send them a photo of one of these activities you've made.

Cutting zone: Make a chain of friends

Get some paper and fold it into a zig zag. Then draw the outline of half a person and cut it out. Make sure the arms and legs reach the fold on the paper, but don't cut along that edge!



When you open it you'll have a lovely chain of people! You could decorate them to look like your family or your friends. You could make them out of newspaper or coloured paper like a rainbow.



Sticking zone: Remember friends stick together

This activity reminds us that friends stick together.

Here's a picture of what you'll need – you could use cardboard strips instead of lolly sticks.



Start by sticking your lolly sticks or cardboard strips together

Then copy the picture onto your sticks

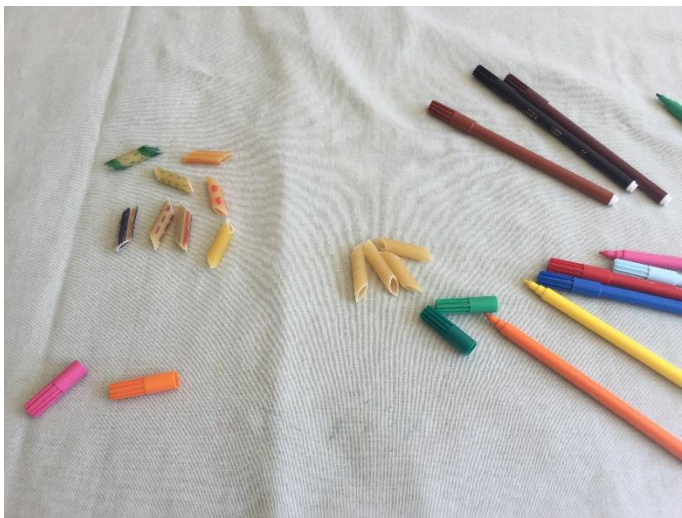


Craft zone: Friendship bracelets



Here's a photo of everything you need to make a pasta bracelet. You could ask an adult to help you find some designs on Pinterest like we have here.

Decorate your pasta, thread it on to the elastic (or thread), and tie to make a beautiful bracelet. Make sure you don't tie it on too tight.



Prayer zone

Draw round your hands on some paper and cut them out. You can use them to pray for your friends. You could copy the prayer from the picture. Or instead you could put a friend's name or a draw a picture of them on each hand.



Sticking the hands together makes a lovely prayer circle.

