

## Prayer time

You'll need a piece of paper and pencil or pen. If you've got a green and brown pencil, that will make your picture more interesting

A long time ago a man called David wrote a poem about God. It is now in the Bible called Psalm 23

### Psalm 23

The LORD is my shepherd; I have everything I need. He lets me rest in fields of green grass and leads me to quiet pools of fresh water. He gives me new strength.

He guides me in the right paths, as he has promised.

Even if I go through the deepest darkness, I will not be afraid, LORD, for you are with me.

Your shepherd's rod and staff protect me.

You prepare a banquet for me, where all my enemies can see me; you welcome me as an honoured guest and fill my cup to the brim.

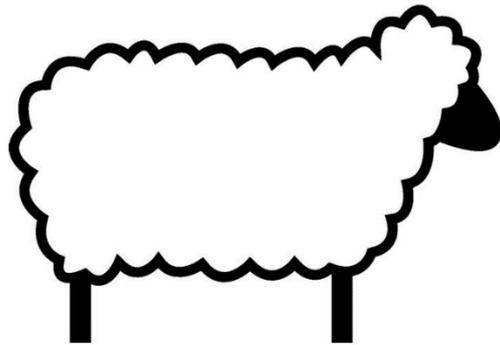
I know that your goodness and love will be with me all my life; and your house will be my home as long as I live.

## Step 1

In the poem David wrote "God is my shepherd".

What does a shepherd do?

God looks after us like a shepherd looks after his sheep. Draw a sheep in the middle of your piece of paper.



## Step 2

A shepherd makes sure his sheep have good grass to eat.

I'm sure you don't like to eat grass. Tell a grown-up your favourite food. You can say thank you to God for all your favourite things.

Add some green grass to your picture.



We pray:

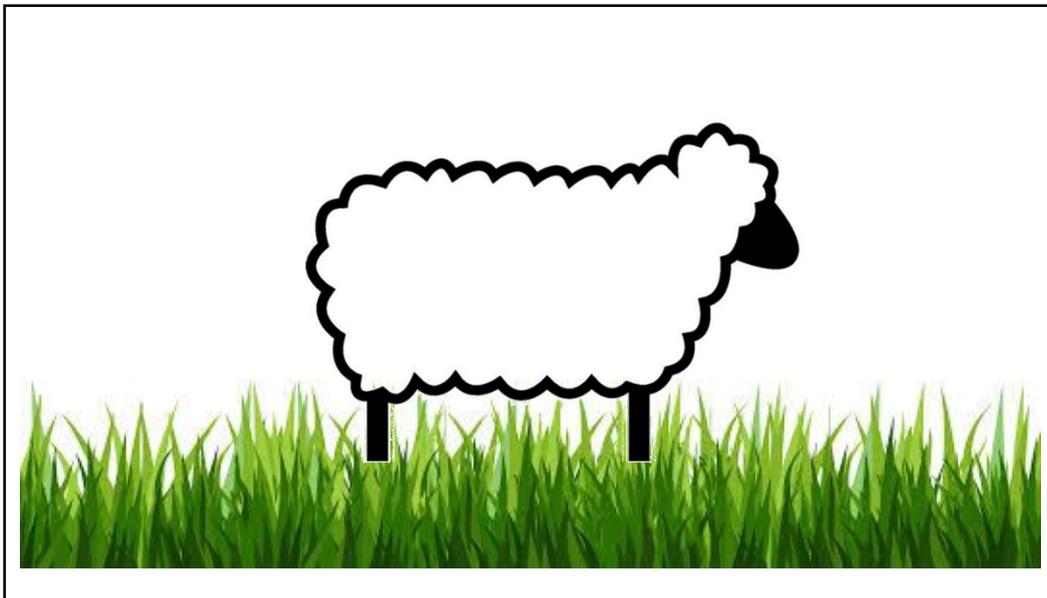
Loving God - thank you for my favourite things. Amen

### Step 3

A shepherd looks after his sheep. He guides them to safe fields and protects them.

God guides us and protects us.

Draw a fence around your sheep to remember how God looks after us.



We pray:

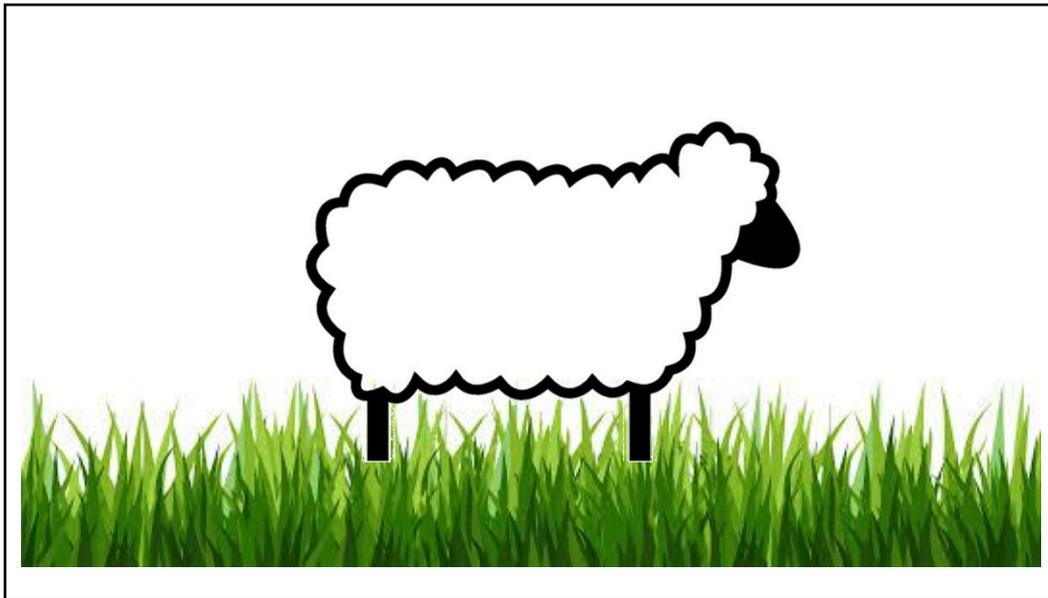
Loving God - thank you for the people who look after me. Amen

## Step 4

In the Bible it says God knows each of us and he knows everything about us. He knows your name, what you like, and even how many hairs there are on your head.

A shepherd would know each of his sheep. Can you think of a name for your sheep?

I've called mine Fluffy



We pray:

Loving God - thank you for knowing my name and who I am. Amen

## Step 5

Today we have thought about God being like a shepherd. Put your picture up somewhere at home to remind you that God loves you and cares for you.

Here's a prayer to say with your grown up and finish today's trail.

Dear God

We thank you for loving us and caring for us. We thank you for listening when we talk to you. Help us to love those around us like you love us.

Amen